

# YOUR MENU

2<sup>nd</sup> – 6<sup>th</sup> October 2017



## MONDAY

Beef / Quorn Bolognese  
& Garlic Bread

Cheese Plait

Ham Salad Baguette

American Pancakes &  
Chocolate Sauce

## TUESDAY

Roast Gammon &  
Pineapple

Veggie Toad in the Hole

Tuna & Sweetcorn Roll

Fruit Crumble & Custard  
Frozen Yoghurt

## WEDNESDAY

Breaded Chicken or Quorn  
Burger in a Bun

Vegetable Curry & Steamed  
Rice

Cheese & Tomato Panini

Oat Cookie & Custard  
Fruit Pot

## THURSDAY

Roast Beef & Yorkshire  
Pudding

Oven Baked Cheese Pasty

Egg & Cress Rolls

Iced Sponge & Custard

## FRIDAY

100% Cod Fish Fingers

Italian Meatball / Quorn Meatball  
Panini

Cheese Salad Wrap

'Unicorn' Cheesecake  
Cornflake Cookie

Alternative desserts  
available every day:

Ambrosia Rice Pots  
Muller Light Yoghurt  
Fresh Fruit  
Cheese & Crackers

**Available daily:** Assorted Vegetables, Jacket Potato, Salad Bar, Fresh Bread.  
Milk, Water & Aqua Juice Cordial