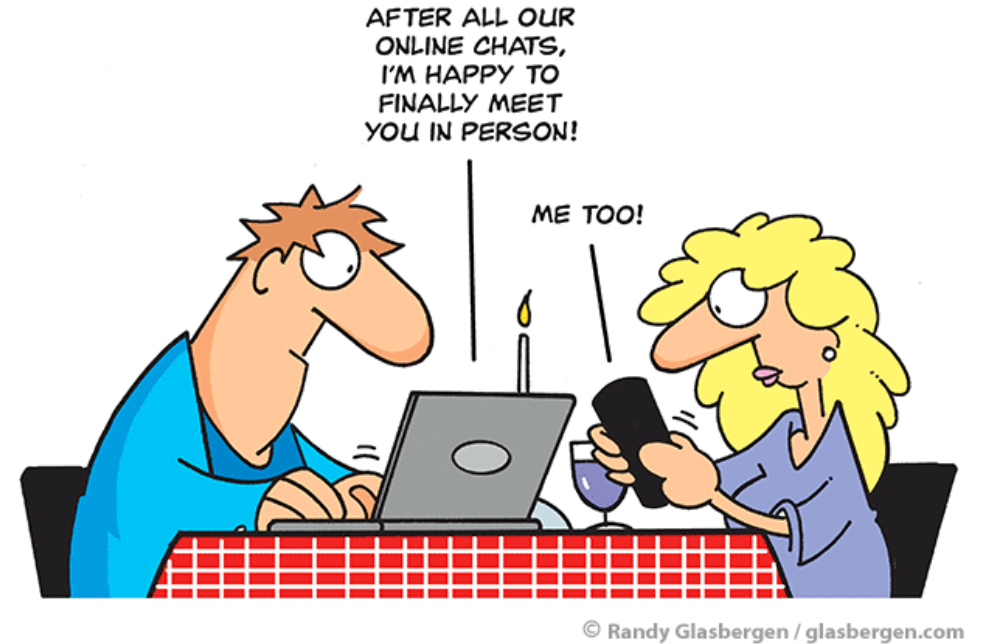


Online Safety Parent Presentation



In 10, 20 years some
of our children will
have jobs that
**haven't even been
invented yet.**



The online world can be exciting and inspiring. It has lots of opportunities to offer young people. It is important to manage and minimise the associated risks.



But on the flip side the online world evolves so fast it can be difficult to keep up with.



We all know about the potential threats out there. **Age-inappropriate content, promotion of gambling, cyberbullying, grooming and plenty more.**



These issues have existed since way before the internet was around, but the digital revolution has magnified some of them.



It's made it easier for individuals to carry out this behaviour and it has increased the amount of time that young people could be exposed to them each day.

UNICEF report
that globally every
**1 child in 3 are
internet users.**

With these things in mind, what are your main concerns about your child/children being online?



Word Cloud



Word Cloud submissions

seeing inappropriate content
negative influencers negative eating habits
explicit content bullying grooming shopping
negative influences- body image grooming talking to strangers
influencers external influence
viewing pornography not socialising
cyber bullying money/spending
sitting down /being inside groomed access to adult material transformers
radicalism adult, bullying, influencer, t
not engaging with family

- Parenting a young person who is eager to build their online identity can be a delicate balancing act.
- Obviously, we want to let our children explore the internet and be their own person online.
- But at the same time, we need to know they're not putting themselves in danger.
- Outright banning children from using certain apps like messaging apps can feel like the safest option but most children, if they really want to do something – especially if their friends are doing it – will find a way. **Whether you've banned it or not.**
- If they've done it without you knowing, then they're less likely to tell you if something does go wrong.
- On other hand, you don't want to give the impression that there are no boundaries.

What does your child
love doing online?
What services and
devices do they use?



Word Cloud



Word Cloud submissions

fortnite roblox minecraft goog
discord **youtube** playstation online
google play
times tables rock stars
fortnite google free online games
on demand tv timetable rockstars mms messaging
bbc iplayer youtube kids
netflix iplayer
minecraft rockstar
iplayer
bbc sports

Parenting in the digital world

Our children depend on us to protect them and give them the support and the skills to navigate the digital landscape.

We need to be able to prepare our children for what the online world has to offer.

Not being afraid or unsure of it – but confident.

Hopefully, this session will make you feel more confident to teach your child/children about the risks.

**What are children
accessing
online?**

**Food for
thought...**

28% of 5-7
year olds own
a smart
phone

60% of 8-11
year olds own
a smart
phone

76% of 10-14
year olds
used a mobile
device to get
online.

100% of 7-11
year olds in
the UK go
online.

What are children accessing online?

Video sharing platforms

Module 2: Play from 2:06 to 3:50





51% of 8-11
year olds used
TikTok in the
past year.

To recap...

- Minimum age requirement of 13.
- Younger children can use the app, providing they have parental permission.

Online Gaming

- Research suggests that around 69% of 8-11 year olds play games online.
- Boys are more likely to be gamers than girls but the gap is narrowing.
- **Can you guess which 2 games are the most popular with children up to 11?**
- **They're both massive and they both involve building...**



Short Answer



**Did you guess
correctly?**

Market research found that most boys are more likely to enjoy Minecraft, while girls prefer Roblox.

Both games are popular because they reward creativity and imagination.

They can also explore other people's creations.

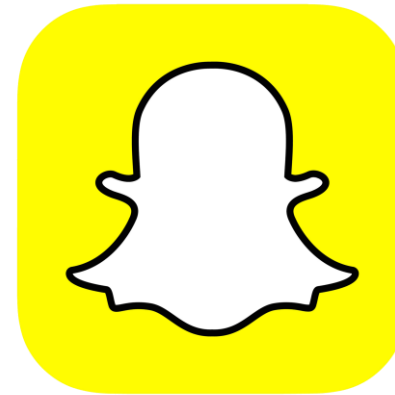
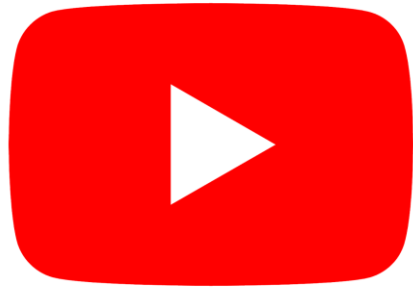
Social Media Platforms

- The minimum age requirement for most social media platforms is **13**.
- So, in theory, no children of primary school age ought to have their own account.
- In reality, last year, UK research found that **60% of 8-11 year olds** have their own social media page.



Social Media Platforms

- Children are most likely to have profiles on the following platforms:



While Whatsapp is the messenger app they use most frequently.



Privacy settings

Online Risks

- [Help & advice | Childnet](#)
- Online risks are categorised under 3 C's – Content, conduct and contact.



Children need to be aware of the impact that their online activity can have on both themselves and others, and how other people may perceive them because of what they say and do online.

It's easy to feel anonymous online and it's important that children are aware of who is able to view, and potentially share, the information, photos and videos that they may have posted.

When using the internet, it's important to keep personal information (that could identify who they are) safe and not share it with strangers.

Online Risks

- [Help & advice | Childnet](#)
- Online risks are categorised under 3 C's – Content, conduct and contact.



Some online content is not suitable for children and may be hurtful or harmful. This is true for content accessed and viewed via social media, online games, streams and websites.

Live comments and chats alongside other content including videos, streams and games can be hurtful, harmful or unreliable.

It's important for children to consider the reliability of online material and be aware that it might not be true or written with a bias. Photos and videos can also be edited or inaccurate.

Online Risks

- [Help & advice | Childnet](#)
- Online risks are categorised under 3 C's – Content, conduct and contact.



It is important for children to realise that new friends made online may not be who they say they are and that once a friend is added to an online account, you may be sharing your personal information with them.

If you have concerns that your child is, or has been, the subject of inappropriate sexual content or approached by another person (including, but not limited to, a request to meet up or a request for images/videos), it's vital that you report it to the police via:

www.ceop.police.uk

Online bullying

Also known as 'cyberbullying' - takes place online or using technology.



Cyberbullying can happen in many different ways including unkind messages or comments, the sharing of embarrassing photos or exclusion from group chats.



Children need to understand that their online actions can be just as hurtful as offline actions and that seeking to deliberately hurt or upset someone is always unacceptable.

Screen Time

Do you limit screen time in your household?

A. Yes

B. No

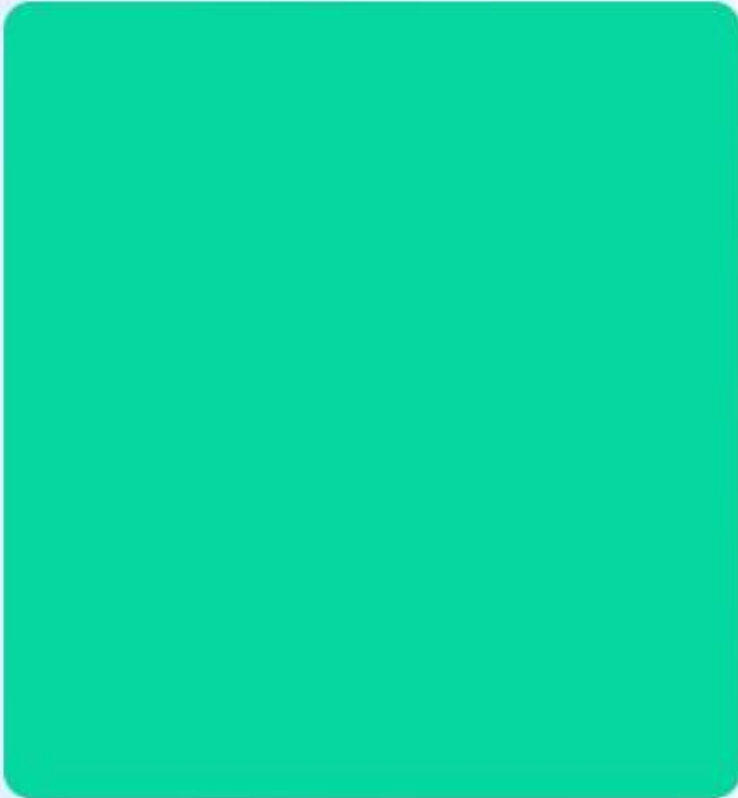


Multiple Choice

As stated by the [Mental Health Foundation](#); *‘There have been several studies that suggest higher levels of screen use in children is associated with reduced physical activity, increased risk of depression, and lower wellbeing.’* But not all screen time is the same, and the impact it has depends on what the device is being used for.

Multiple Choice submissions

6 (75%)



A

2 (25%)



B



Screen Time

- In 2019, The Royal College of Paediatrics and Child Health (RCPCH) published guidance which reflected research conducted into the health impacts of screen time use of under 18s. They found that pre-existing evidence for a direct 'toxic' effect of screen time was overstated and often only looked at television screen time instead of all devices.
- Subsequently, they choose not to recommend a cut-off for children's overall screen time but instead to focus on practical ways which parents and carers could consider the health impacts of their family's use.



Screen Time


There is a big difference between 'active use', such as doing online research, and 'passive use' such as scrolling through Instagram or Facebook. The negative impacts of screen time are more strongly associated with this kind of passive use.

- Social media and online games also have a compulsive design, this means that they are created to hold our attention for as long as possible. The addictive nature of these platforms further compounds the challenge around managing screen time.
- While more evidence is still needed around the impacts of screen time, taking a conscious and mindful approach to screen time can help to support children's wellbeing and minimising the potential risks of screen time, while still gaining the benefit of the positives that digital technology can bring.

Making a report

Look out for these symbols on the post, comment or user profile you want to report



 We use your feedback to help us learn when something isn't right.

Nudity Violence Harassment

Suicide or self-injury False news Spam

Unauthorised sales Hate speech

Terrorism Something else

Choose a reason for reporting

 Report video

1 reason selected


0 / 100

Provide additional details

5/100

Flagged content and users are reviewed by YouTube staff. It takes a maximum of 48 hours to review your report. Accounts are protected by Community Guidelines. Reports are processed by Community Guidelines. Reports are processed by Community Guidelines. Reports are processed by Community Guidelines. [Report a problem](#)


CANCEL REPORT

 Report

Let us know!

Submit

250

 Report


Scene or Player? Choose One

Which Player? Choose One

Type Of Abuse Swearing

Additional Information (Optional)

ROBLOX

 Choose a reason for reporting this post!

I just don't like it >

Nudity or pornography >

Hate speech or symbols
Racist, homophobic or sexist slurs >

Violence or threat of violence
Graphic injury, unlawful activity, dangerous or criminal organizations >

Sale or promotion of firearms >

Sale or promotion of drugs >

Harassment or bullying >

Intellectual property violation
Copyright or trademark infringement >

Fill out the form with as much detail as possible and press send to inform the platform's safety team.

Follow up inadequate responses to reports on other services here:

The screenshot shows the 'Report Harmful Content' website. At the top, there is a navigation bar with the site logo on the left and 'Report' and 'Advice' buttons on the right. Below the navigation bar, the heading 'We can help you report:' is centered. Underneath this heading, there are eight circular icons arranged in two rows of four, each representing a different type of harmful content: Threats, Impersonation, Bullying or Harassment, Self Harm or Suicide Content, Online Abuse, Violent Content, Unwanted Sexual Advances, and Pornographic Content. Below these icons is a 'Find out more' button. A red banner across the middle of the page contains the text: 'If you or the person you are helping is in immediate danger please contact the police dialling 999'. At the bottom, there are two columns of information. The left column features the 'ACT' logo and text about reporting terrorism-related content, with a 'Report Terrorism Activity' button. The right column features the 'IWF' logo and text about reporting child sexual abuse imagery, with a 'Report Child Sexual Abuse Imagery' button.

REPORT HARMFUL CONTENT Report Advice

We can help you report:

- Threats
- Impersonation
- Bullying or Harassment
- Self Harm or Suicide Content
- Online Abuse
- Violent Content
- Unwanted Sexual Advances
- Pornographic Content

[Find out more](#)

If you or the person you are helping is in immediate danger please contact the police dialling 999

ACT Action Counter Terrorism
Action Counter Terrorism: If you've seen something online that supports, directs or glorifies terrorism, report it here.
[Report Terrorism Activity](#)

IWF Internet Watch Foundation
We are unable to take reports of sexual images of under 18s. You can report sexual images of under 18s online directly to the Internet Watch Foundation.
[Report Child Sexual Abuse Imagery](#)

reportharmfulcontent.com

Report any suspected grooming to CEOP:

The screenshot shows the CEOP (Child Exploitation and Online Protection command) website. At the top, there is a dark blue header with the CEOP logo on the left, the text "Child Exploitation and Online Protection command" in the center, and a "Quick exit" button on the right. Below the header, the main content area has a white background. The central heading asks, "Are you worried about online sexual abuse or the way someone has been communicating with you online?" followed by the instruction "Make a report to one of CEOP's Child Protection Advisors". Below this, there are three grey boxes with blue text and icons: "Should I make a report to CEOP?" with a computer icon, "What happens when I make a report?" with a pencil and question mark icon, and "How can CEOP help me?" with a speech bubble icon. At the bottom of the main content area, there is a large yellow button that says "Make a report" with a pencil icon. Below the button, a line of text states: "If you have been a victim of sexual online abuse or you're worried this is happening to someone you know, let us know safely and securely".

CEOP
Child Exploitation and Online Protection command

If you need to hide this site quickly, just click here

Quick exit

Are you worried about online sexual abuse or the way someone has been communicating with you online?

Make a report to one of CEOP's Child Protection Advisors

Should I make a report to CEOP? →

If you're worried about online abuse or the way someone has been communicating online, let CEOP know.

What happens when I make a report? →

One of our experienced Child Protection Advisors will be there to make sure you get the help that you need.

How can CEOP help me? →

Online abuse affects many children and young people every day, CEOP has helped thousands of people in need of support.

Make a report

If you have been a victim of sexual online abuse or you're worried this is happening to someone you know, let us know safely and securely

ceop.police.uk

Young people can report their nude image being shared online here:



The screenshot shows the Childline website interface. At the top, the 'childline' logo is on the left, and the phone number 'Call 0800 1111' is on the right. Below the logo, the tagline 'ONLINE, ON THE PHONE, ANYTIME' is displayed. A navigation bar contains four buttons: 'Info and advice' with an information icon, 'Get support' with a hand icon, 'Toolbox' with a toolbox icon, and 'Get involved' with a lightbulb icon. Below the navigation bar, a breadcrumb trail reads: 'You are here / Home / Info and advice / Bullying, abuse, safety and the law / Online and mobile safety'. The main content area features a large orange box with the text 'REPORT REMOVE' in bold, followed by a paragraph: 'Report Remove is here to help young people under 18 in the UK to confidentially report sexual images and videos of themselves and remove them from the internet.' To the right of the orange box is a partial image of a person's face.

childline Call 0800 1111

ONLINE, ON THE PHONE, ANYTIME

Info and advice ⓘ Get support 🖐️ Toolbox 🧰 Get involved 💡

You are here / Home / Info and advice / Bullying, abuse, safety and the law / Online and mobile safety

REPORT REMOVE

Report Remove is here to help young people under 18 in the UK to confidentially report sexual images and videos of themselves and remove them from the internet.

childline.org.uk/report-remove

Report child sexual abuse content to the Internet Watch Foundation



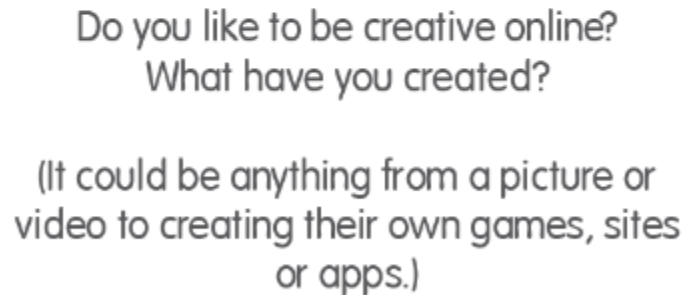
iwf.org.uk

Conversation starters

Start on a positive note...




What do you like most about the internet and why?
What's your favourite game/app/site?



Do you like to be creative online?
What have you created?

(It could be anything from a picture or video to creating their own games, sites or apps.)



The internet offers brilliant opportunities for making connections with others. Who do you like to keep in touch with online and what apps/-services do you use?

Conversation starters

Keep the conversation going...



**What we're doing in
school to tackle online
safety issues...**



Useful websites

- [Keeping children safe online | NSPCC](#)
- [Social Media Parental Controls and Privacy Settings | Internet Matters](#)
- [Parents & carers | Childnet](#)