

Dear Parents/Carers,

The children in **Year 5** will start swimming lessons on **Wednesday 9th September 2026** until February half term. We will travel to Lichfield Leisure Centre by coach and swim in the morning. The 'Importance of Learning Swimming and Water Safety Skills Guide for Parents' was sent home with children in Year 4 – a copy of this can be found on the school website under the Physical Education tab should you need to refer to it.

Please can you ensure the following are adhered to:

- Swimming hats to be worn
- Swimming costumes for girls (no bikinis)
- Swimming trunks for boys (no shorts)
- Long hair tied up
- Verrucae socks to cover verrucae (no talcum powder)
- No jewellery
- No plasters to be worn



A large towel must be supplied, as must an inhaler, if needed.

If you wish your child to wear goggles, please let us know by completing the form below and sending it back to school **before** the first session.

Year 5 Staff

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Year 5 Swimming

I wish my child to wear goggles during their swimming lessons.

Child's Name:

Signed: Print:

Date: