Chadsmead Primary Academy

PE Kit and Participation – Working Together

At Chadsmead Primary Academy, we believe that physical education is an essential part of every child's education. We want all children to enjoy being active, develop their physical skills and experience the many benefits that regular exercise brings.

PE is about much more than sport. Being physically active can:

- Support children's mental health and emotional wellbeing.
- Build confidence, resilience and self-esteem.
- Develop teamwork, friendships and social skills.
- Improve physical fitness, coordination and healthy habits.
- Support concentration and readiness to learn.

Every child deserves these opportunities, and we want every child to take part.
We are strengthening our whole-school approach to PE kit and participation to ensure that all children are prepared for their lessons.

What we ask of parents and carers
Please ensure that your child:

- Has the correct PE kit for their timetabled lessons.
- Brings all necessary items, including suitable footwear.
- Follows the school's arrangements for changing into and out of PE kit.
- Participates in PE unless there is a genuine reason why they cannot.

If your child is unable to take part for a medical or other reason, please let us know and explain why. Wherever possible, we will support children to participate through suitable adaptations.

Each class has two PE arrangements each week: on one day, children must arrive in normal school uniform and bring their PE kit to change into; on the other, children may arrive wearing their full, correct PE kit. On all other days, normal school uniform is required. Your child's class teacher will confirm the designated days.

How we will monitor PE
Teachers will keep a register for every PE lesson, recording whether children have the correct kit and are able to participate.

If a child repeatedly arrives without the correct kit, we will contact home. Initially, this will be a friendly reminder, but repeated concerns will lead to further communication. We will review concerns each half term while also monitoring patterns across the school year.

We understand that families sometimes experience difficulties. If providing PE kit is a challenge, please speak to us. We would much rather work together to find a solution than see a child miss out.

Thank you for supporting us in making PE a positive and valued part of school life.