

3<sup>rd</sup> November 2021

Dear Parents/Carers,

## Once Upon a Time

As part of our new theme 'Once Upon a Time' we are aiming to spend a day talking about healthy choices and making porridge, where the children will choose different toppings to add to their porridge (jam, chocolate spread, sliced banana, raisins, blueberries, squeezey honey). This lesson will allow children to talk about being healthy, make healthy choices and understand why it is important to have a healthy breakfast.

As it is getting closer to Bonfire Night we talk to the children about what it is, why people celebrate this, how it is celebrated and how to stay safe. One of the activities that we complete is toasting marshmallows on a BBQ, drinking hot chocolate and sing songs all together around the fire pit in the forest. All the ingredients for both activities will be provided by school.

A voluntary contribution of £1 would help to cover our costs and would be greatly appreciated. Please send the money in to your child's class teacher in a small envelope with your child's name on.

We will consult Health Care Plans to confirm any allergies. If your child has any allergies and you have **not** completed a Health Care Plan, please get in touch as soon as possible.

Many thanks.  
EYFS team

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Child's Name \_\_\_\_\_ Class \_\_\_\_\_

I give consent for my child to complete the two activities (making porridge, toasting marshmallows) in school.

Signed \_\_\_\_\_ Print \_\_\_\_\_

# Chadsmead Primary Academy



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