



Staffordshire
County Council

EARLY EDUCATION AND CHILDCARE TEAM

01785 278201

eeac@staffordshire.gov.uk

Coronavirus (COVID-19): travel corridors

Please be aware of families returning from holiday destinations. You can remain up to date with the guidance here:

<https://www.gov.uk/guidance/coronavirus-covid-19-travel-corridors>

NEW - Development Matters, Non-statutory curriculum guidance for the Early Years Foundation Stage, has now been released here: [Guidance](#)

The See, Hear, Respond Partnership is a new service funded by the Department for Education. With your help, the See, Hear, Respond Partnership will quickly identify and support children, young people and families who are struggling to cope with the impacts of coronavirus. <https://www.barnardos.org.uk/see-hear-respond>

Lovely reads and activities from the Book Trust for children who need some extra support to feel relaxed, mindful, inspired and happy <https://www.booktrust.org.uk/>

Staffordshire Family Hubs

Staffordshire Family Hubs are a virtual space where families can find advice and support, and connect with others.

Family Hubs will answer questions, help find support and share ideas for coping with the changes coronavirus is making to family lives.

<https://www.staffordshire.gov.uk/Coronavirus/Family-Hubs.aspx>

EARLY EDUCATION AND CHILDCARE UPDATE

For up to date information please visit:

www.staffordshire.gov.uk/covid19childcare

Issue 18

page 1

11th September 2020

Welcome to the EEAC Emotional Wellbeing Special!

Throughout Covid-19, Staffordshire settings have shown their resilience and ability to adapt and meet the varying needs of families. As we move into autumn term, we know some children may find settling into a new environment and routine challenging, particularly if they have been at home for a considerable time. We hope this special edition newsletter will provide you with information, free training opportunities and resources that may be useful as children transition back into your setting from home or from another setting. We hope you find them useful in your continued commitment to ensure children in Staffordshire are supported to feel safe, secure and ready to learn.

FREE Training-Transitions time for a rethink, Emotional Well-being – supporting children through Covid19 (Achievement for All)

This free resource, focusing on supporting emotional wellbeing can help you think about what children need so they feel happy and secure and ready to access all the learning opportunities on offer in your setting this term. <https://afaeducation.org/blog/covid-19-blogs/transitions-time-for-a-rethink/>

FREE Training

This 50 minute webinar provides an introduction to adverse childhood experiences and provides an opportunity to develop your understanding of early trauma.

<https://www.acesonlinelearning.com/>

FREE Training - Nasen webcasts

Nasen have now released three new webcasts and supporting documents. These resources can support you with the transition for all children, particularly those with SEND who are moving from nursery to reception and reception to year one:-

- The potential effects of lockdown on young children with SEND and how EY settings can respond
- The importance of a child-centred approach
- Discussing individual needs with the SENCo

<https://nasen.org.uk/training-and-cpd/early-years>

PACEY explains how language communicates and helps to shape emotions.

The article contains top tips to support reflective practice regarding how settings can support children to develop the language of emotion.

<https://www.pacey.org.uk/news-and-views/pacey-blog/2015/october-2015/>

A Recovery Curriculum

An article by Barry Carpenter, Professor of Mental Health in Education, suggests now is the time to return to an approach with the fundamental wellbeing, and secure positive development of the child at the centre.

<https://www.evidenceforlearning.net/recoverycurriculum/#mentalhealth>

Supporting children's emotions and behaviour-support for practitioners and parents

Common difficulties in the early years provides short sections on aspects such as withdrawn or passive behaviour, anxiety, trauma and bereavement. Top tips and strategies to support parents are also included.

<https://www.annafreud.org/early-years/early-years-in-mind/common-difficulties/>

Early Years in Mind

is a free learning network for early years staff and practitioners which offers termly updates on the latest advice, guidance and resources from the Anna Freud Centre relating to the mental health and wellbeing of infants and their families. There are also many other useful resources via this link.

<https://www.annafreud.org/early-years/early-years-in-mind/>