

## Week one

29/04 20/05 17/06 08/07 09/09 30/09 21/10

Monday

### Choose a main meal...

Tomato & Mozzarella Pizza with Jacket Wedges✓  
Chinese Style Veggie Noodles✓  
A Selection of Sandwiches & Loaded Jacket Potatoes

### on the side...

Broccoli  
Sweetcorn  
**for dessert...**  
Mango Frozen Yoghurt with Fruit Slices\*

Tuesday

### Choose a main meal...

Chicken & Potato Bake  
Veggie Pasta Bolognese\*\*✓  
A Selection of Sandwiches & Loaded Jacket Potatoes

### on the side...

Green Beans  
Mediterranean Vegetables  
**for dessert...**  
Pineapple & Peach Crumble\* with Custard

Wednesday

### Choose a main meal...

Roast Turkey with Roast Potatoes & Gravy  
Sweet Potato & Chickpea Roast✓ with Roast Potatoes & Gravy  
A Selection of Sandwiches & Loaded Jacket Potatoes

### on the side...

Carrots  
Cabbage  
**for dessert...**  
Flapjack with Fruit Slices\*

Thursday

### Choose a main meal...

BBQ Beef Meatballs with Wholegrain Rice\*\*  
BBQ Sweetcorn Stack✓ (Layered Tortilla Bake) with Wholegrain Rice\*\*  
A Selection of Sandwiches & Loaded Jacket Potatoes

### on the side...

Sweetcorn  
Roasted Seasonal Vegetables  
**for dessert...**  
Brownie Cake with Banana\*

Friday

### Choose a main meal...

Golden Cod Fish Fingers or Salmon Fish Fingers\*\*\* with Chips  
Vegetarian Hotdog✓ with Chips  
A Selection of Sandwiches & Loaded Jacket Potatoes

### on the side...

Peas & Carrots  
Baked Beans  
**for dessert...**  
Berry Chill\* (Fruits of the Forest Mousse)

## Week two

06/05 03/06 24/06 15/07 16/09 07/10

### Choose a main meal...

Vegetable Supreme Pizza\*\*✓ with Pasta Salad  
BBQ Quorn Burger✓ with Pasta Salad  
A Selection of Sandwiches & Loaded Jacket Potatoes

### on the side...

Sweetcorn  
Peas  
**for dessert...**  
Banana & Apricot Flapjack\*

### Choose a main meal...

Pork Sausages with Creamed Potato  
Vegetarian Sausages✓ with Creamed Potato  
A Selection of Sandwiches & Loaded Jacket Potatoes

### on the side...

Roasted Peppers & Sweetcorn  
Baked Beans  
**for dessert...**  
Pear Upside Down Cake\* with Custard

### Choose a main meal...

Roast Chicken with Roast Potatoes & Gravy  
Cauliflower & Creamed Corn Bake✓ with Roast Potatoes  
A Selection of Sandwiches & Loaded Jacket Potatoes

### on the side...

Cabbage  
Carrots  
**for dessert...**  
Fruit Slice\*

### Choose a main meal...

Pasta Bolognese\*\*  
Mild Chickpea Curry✓ with Wholegrain Rice\*\*  
A Selection of Sandwiches & Loaded Jacket Potatoes

### on the side...

Broccoli  
Sweetcorn  
**for dessert...**  
Oatie Biscuit with Fruit Slices\*

### Choose a main meal...

Crispy Battered Fish (Crispy Battered Pollock) with Chips  
Baked Bean & Cheese Wrap✓ (Folded Tortilla Wrap) with Chips  
A Selection of Sandwiches & Loaded Jacket Potatoes

### on the side...

Peas & Carrots  
Baked Beans  
**for dessert...**  
Strawberry Frozen Yogurt with Fruit Slices\*

## Week three

13/05 10/06 01/07 02/09 23/09 14/10

### Choose a main meal...

Mac 'N' Cheese✓ (Macaroni Cheese)  
Vegetable Korma✓ with Wholegrain Rice\*\*  
A Selection of Sandwiches & Loaded Jacket Potatoes

### on the side...

Peas  
Mediterranean Vegetables  
**for dessert...**  
Fruity Apricot Bar\*

### Choose a main meal...

Chicken & Sweetcorn Pizza with Pasta Salad  
Cheesy Bubble & Squeak✓  
A Selection of Sandwiches & Loaded Jacket Potatoes

### on the side...

Roasted Summer Vegetable Medley  
Sweetcorn  
**for dessert...**  
Crunchy Chocolate Biscuit with Fruit Slices\*

### Choose a main meal...

Roast Pork with Roast Potatoes & Gravy  
Quorn Roast✓ with Roast Potatoes & Gravy  
A Selection of Sandwiches & Loaded Jacket Potatoes

### on the side...

Carrots  
Cabbage  
**for dessert...**  
Blueberry Frozen Yogurt with Fruit Slices\*

### Choose a main meal...

Beef Burger with Jacket Wedges  
Vegetable Lasagne✓ with a Herby Bread Wedge\*\*  
A Selection of Sandwiches & Loaded Jacket Potatoes

### on the side...

Broccoli  
Sweetcorn  
**for dessert...**  
Apple & Berry Crumble\* with Custard

### Choose a main meal...

Golden Cod Fish Fingers with Chips  
Sweet Potato & Chickpea Burger✓ with Chips  
A Selection of Sandwiches & Loaded Jacket Potatoes

### on the side...

Baked Beans  
Peas & Carrots  
**for dessert...**  
Chocolate Shortbread with Fruit Slices\*

Our chicken and milk are Red Tractor approved



WE BUY **95%** of our seasonal vegetables direct from British growers



ALL OUR BEEF is from THE UK OR IRELAND

FRESH SALAD

IS AVAILABLE ON A DAILY BASIS

REDUCING OUR CARBON FOOTPRINT

OVER **30%** of our products are transported by vehicles that run on biodiesel



All our bananas are FAIRTRADE



WE SUPPORT **82** BRITISH DAIRY FARMS



We only use Lion Quality British Eggs



FARM TO FORK We can trace every cut of meat back to the farms of origin

ALL OUR BREAD IS FRESHLY BAKED EVERY DAY

Chartwells EAT LEARN LIVE

Self Serve Salad Bar & Fresh Home Baked 50/50 Bread available daily  
Fresh Fruit or Yogurt and a choice of Organic Milk, Fruit Juice & Cool Water served daily \*Fruit Based \*\*Wholegrain \*\*\*Oily Fish ✓ Vegetarian  
If your child receives or needs a special diet or allergen menu, please speak to your catering manager or contact us

