

Active Lives Children and Young People survey Information for primary school pupils



What is Active Lives?

Active Lives is the name of a survey. It asks children some questions about exercise and sport. You may be doing some different things to normal at the moment, but we would like you tell us what you're actually doing now.



What is a survey?

A survey asks lots of people questions about what they think or do. This survey is about the sports and activities you do. It also asks some questions about you such as your age.



What would we like you to do?

Your teacher will give you some survey questions to answer on a computer or tablet. You can complete on a smartphone if you don't have a computer or tablet. You will be asked to do this at home or at school during a lesson.

There are no right or wrong answers. It is not a test.

Do I have to answer the questions?



No, you don't have to if you don't want to. You don't have to answer all the questions.

Will you tell anyone what I say?



No. **No one else will know what you have said.** You do not have to tell anyone else what you have said.

What if I have questions?



You can ask your parent, carer or teacher if you have any questions.