




Dreams & Goals



Learning to tackle a new
challenge and talk about how
I feel

learning  challenge

 stretchy  feelings



Music and Lyrics
by Ryan Hanlon

For Me (Dreams and Goals)

VERSE 1:

I,
I will be,
I will be,
Be the best that I can be.
Yes you'll see,
I will be,
Be the best that I can be.
Take your turn, you can do it too.

BRIDGE:

Driving forward,
Taste the passion.
I can see it,
I'm in pole position.

CHORUS:

I know to reach the top that
I must climb,
I must climb way up high,
I'm gunna' reach the sky.

I will, I can,
I'm moving on with hope.
Don't look back,
Don't look back,
Don't look back, see,
I'm doing this for me.

FUTURE
(Dreams and Goals)

VERSE 2:

I,
I can be,
I can be,
Be the best that I can be.
Yes you'll see,
I can be,
Be the best that I can be.
Take your turn, you can do it too.

BRIDGE 2:

Take that first step,
Make it happen.
Seize this moment,
That's what dreams and goals
are made of.

CHORUS

BRIDGE 1+2

That's what dreams are

CHORUS

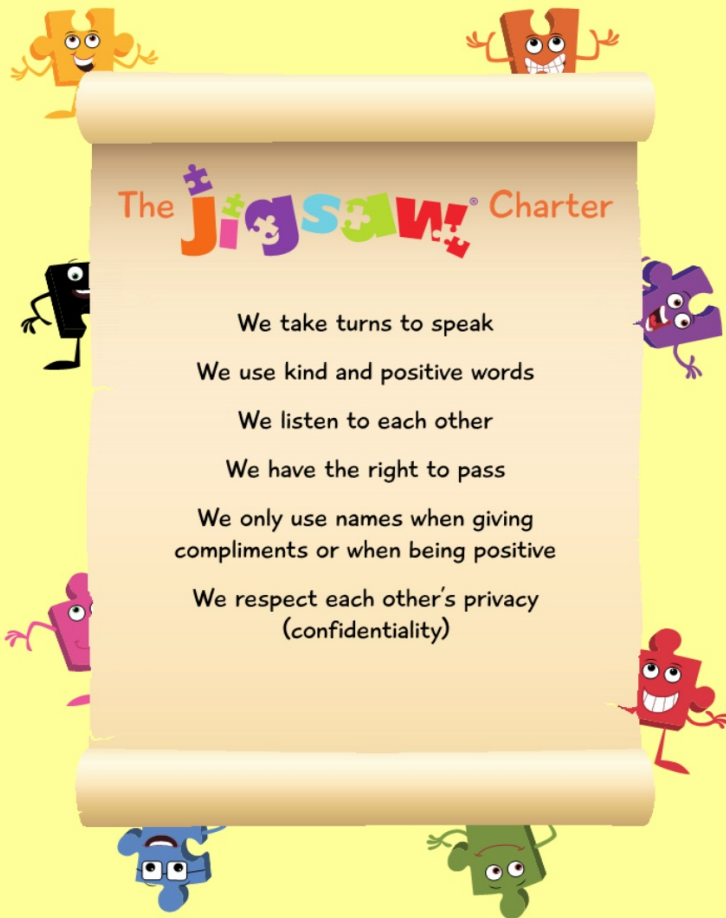
BRIDGE 1+2

That's what dreams are

CHORUS

Future doctors,
Future actors,
Future teachers,
Let's all sing it together.
Future pilots,
And the writers,
Future chefs,
And future fire fighters.
We're the laughers,
We're the smilers.
The future's bright,
Now let's all sing this together.

CHORUS



Connect Us

Pass the Smile

The first person identified by the teacher smiles at the person on their right who then smiles to accept the smile and then smiles at the person on their right. The smile continues around the circle until it returns to the initial person.

How does this game make you feel?
How does it feel to receive a smile?

Calm Me



Open My Mind

Stand up and stretch as high as you can.
Stand on tip toes and stretch even higher.
Now stretch out to the side.

Our bodies are very stretchy.

Can you think of anything else
that is stretchy?

Open My Mind

When we learn new things we have to stretch our thinking skills. This usually means trying again and again, stretching more and more.

Tell Me or Show Me

Today we are going to have a new challenge which might stretch your learning.

How does that make you feel?

Stretchy Flowers



Stretchy Flowers

Step 1

Draw around your hand.

Stretchy Flowers

Step 2

Cut out your hand.

Stretchy Flowers

Step 3

Decorate your hand to look like a flower.

Stretchy Flowers

Step 4

Fix the hand to a pipe cleaner.

Stretchy Flowers

Step 5

Wrap the pipe cleaner around a pencil.

Let Me Learn

Stretchy Flowers

Step 1

Draw around your hand.

Step 2

Cut out your hand.

Step 3

Decorate your hand to look like a flower.

Step 4

Fix the hand to a pipe cleaner.

Step 5

Wrap the pipe cleaner around a pencil.

Make your own stretchy flowers.

You might need to keep trying to achieve the goal.

Help Me Reflect

*How do you feel now you
have been successful?*

My Jigsaw Learning

Dreams & Goals - Piece 4

Ages 5-6

Name

I can tackle a new
challenge and
understand this might
stretch my learning



I can tell you how I feel
when faced with a new
challenge

