

# Toolkit Contents



## Social Stories

Social Stories are a good way to prepare your child for changes and new experiences. They can help to reduce anxiety and encourage a positive response to changes in structure and routine. Use these Social Stories on returning to School to begin discussions on what school may be like in September

## School Day Planner

Support structure, routine and reduce anxiety with this purpose made planner. You can add your own times to the planner and select from the appropriate activities to make a bespoke and personalised chart.

## Items I Need For School

Every child needs to be prepared for the return to school in September. This board allows you to cut out and utilise the relevant items as a reminder of what needs to be taken into school. The board can help support independence and generate a sense of self reliance and responsibility.

## Maths Mat

This handy symbol supported Maths Mat features a helpful number square, number-line, common shapes and times tables up to 12.

## Science Experiment

It's been a long time since children have been completely back in school. Help them to begin thinking cognitively again with this easy to set up and resource experiment. Challenge prediction and observation skills ready for September.

## Managing emotions

The past few months have been confusing and unsettling for everyone. Managing your emotions in unsettling times can be difficult. This chart helps children and young people acknowledge how they are feeling and suggests appropriate ways they can help manage these emotions.

## Reward Chart

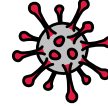
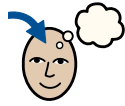
Getting ready for any new term can be challenging for many children and young people. Setting targets and rewards for achieving them is a great way of motivating and rewarding positive behaviour.

## Core Vocab Board

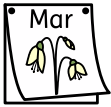
A Core Vocabulary board is a set of highly useful single words that can be used alone or in combination to communicate for a range of purposes on countless topics with a wide variety of communication partners. Use the chart included in this set to communicate with your child about the changes that are due to happen over the coming weeks.



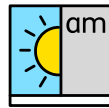
I'm returning to school



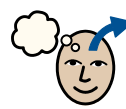
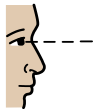
I have been learning at home because of Coronavirus.



In March it will be safe to return to school.



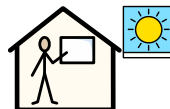
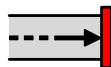
I will travel to school in the morning.



School will look different to how I remember it.



I will go to lessons.



I will travel home at the end of the school day.



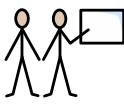
Going to School is important.



Going to School is good for me.



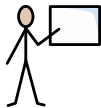
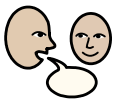
I'm returning to school



I will see my friends and teachers.



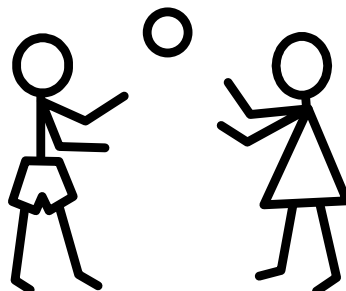
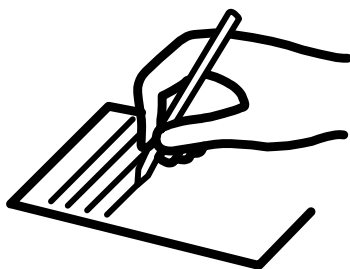
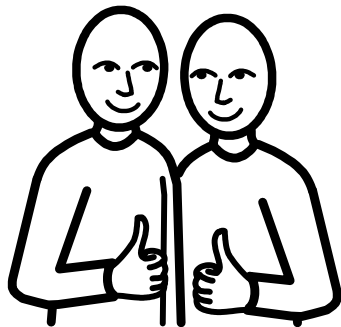
It is ok to feel sad or worried.



I can talk to a teacher or an adult who looks after me.



It is safe to return to school.












  I'm returning to school






      I have been learning at home because of Coronavirus.



    In March it will be safe to return to school.

     I have had lots of free time at home.

    lots of free time can be fun.

    I will have less free time going back to school

   Going to school is good for me.

  Going to school is important.

     I will see my friends and teachers.



I'm returning to school



School



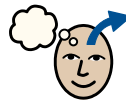
will look



different to



how I



remember it.

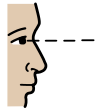


It is ok

if



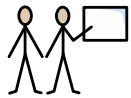
school



looks



different.



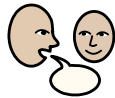
Teachers



will help me



and



tell me



where to sit.



I can be



happy about



returning to school.



It is ok



to feel sad,



angry

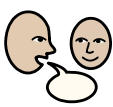
or



worried.



I can



talk to

a



teacher

or



an adult

who looks after me.



It is



safe to



return to school.


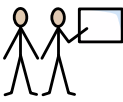


   
I'm returning to school





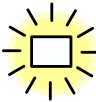

       
I have been learning at home because of Coronavirus.




     
In March it will be safe to return to school.



      
I will see some changes at school.

     
My teachers will help me with any changes.

     
I must wash my hands regularly.




     
I will be in a new classroom.

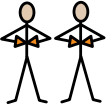



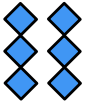

    
The classroom will look different.



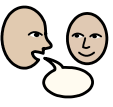
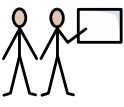
   
The classroom will be safe.



 I'm returning to school

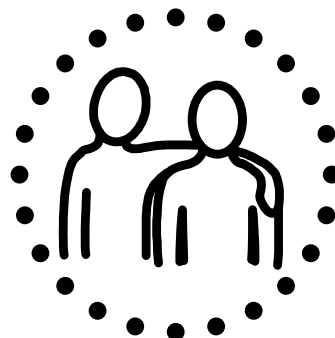
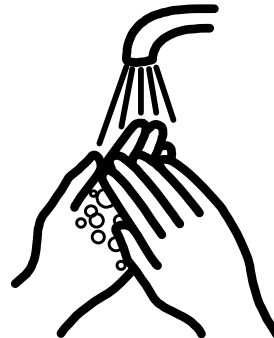
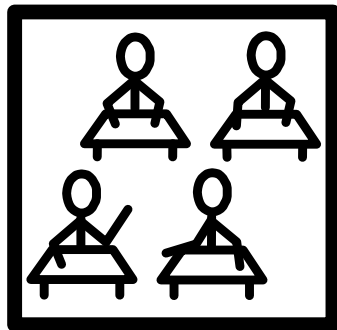


 I can  play with  my friends.

 We  might  not be able  to play with  the same  toys.

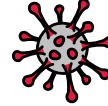
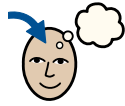
 If I feel worried,  I can  talk to  my teachers.

 It will  be good to  be back at school.





I'm returning to school



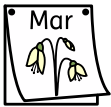
I have been learning at home because of Coronavirus.



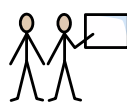
My parents / carers have been helping me with school work



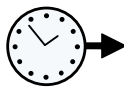
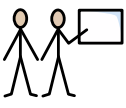
Working at home has been good.



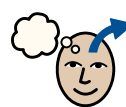
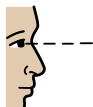
In March it will be safe to return to school.



I will do my school work with my teachers.



My teachers and friends will be happy to see me.



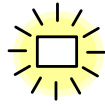
School will look different to how I remember it.



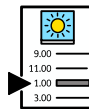
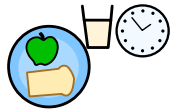
The changes will keep me safe.



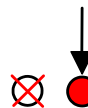
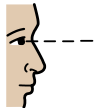
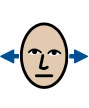
I'm returning to school



My teacher will help me with the new rules.



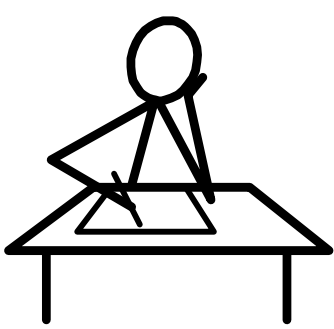
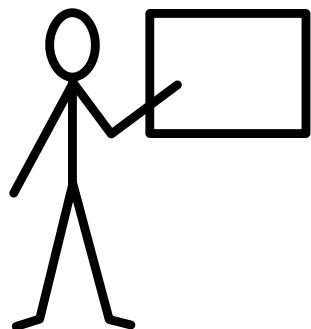
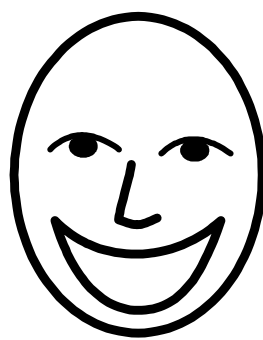
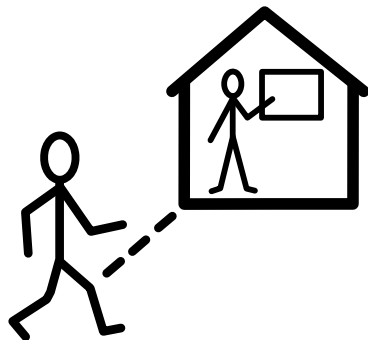
Breaktimes and lunchtimes might be at different times.

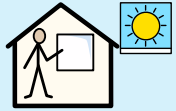


I might not see friends from other classes during breaks.

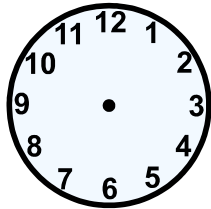
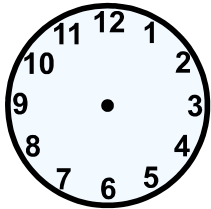
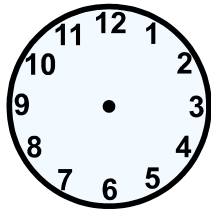
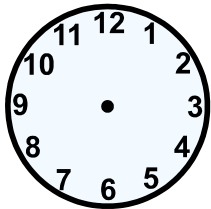
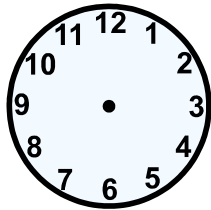
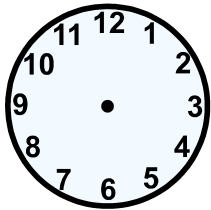
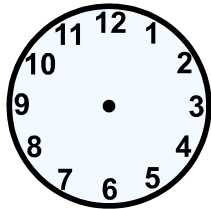
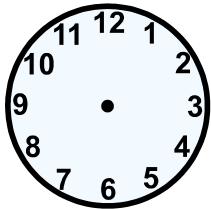


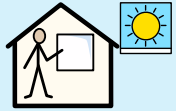
It is safe to return to school.





School Day

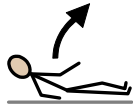




## School Day



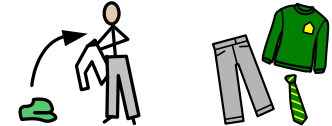
Wake up



Get up



Get washed



Put on uniform



Eat breakfast



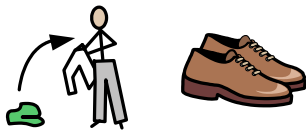
Medicine



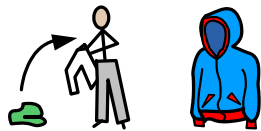
Brush teeth



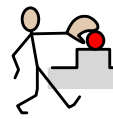
Brush hair



Put on shoes



Put on coat



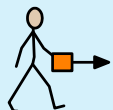
Get School bag



Say goodbye



Remember to



take



bag



coat



keys



lunch box



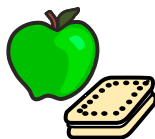
homework



PE kit



water bottle



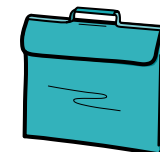
snack



sun hat



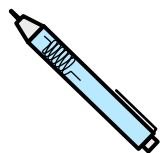
books



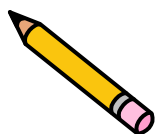
book bag



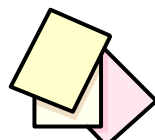
trainers



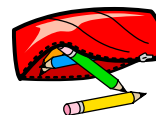
pens



pencils



paper



pencil case

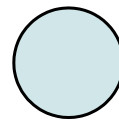


tissues

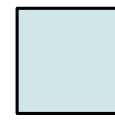


hand gel

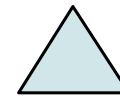
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1	2	3	4	5	6	7	8	9	10											
11	12	13	14	15	16	17	18	19	20											
21	22	23	24	25	26	27	28	29	30											
31	32	33	34	35	36	37	38	39	40											
41	42	43	44	45	46	47	48	49	50											
51	52	53	54	55	56	57	58	59	60											
61	62	63	64	65	66	67	68	69	70											
71	72	73	74	75	76	77	78	79	80											
81	82	83	84	85	86	87	88	89	90											
91	92	93	94	95	96	97	98	99	100											



circle



square



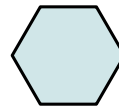
triangle



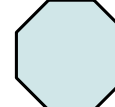
rectangle



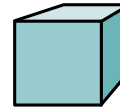
pentagon



hexagon



octagon



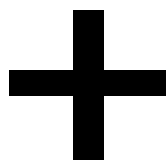
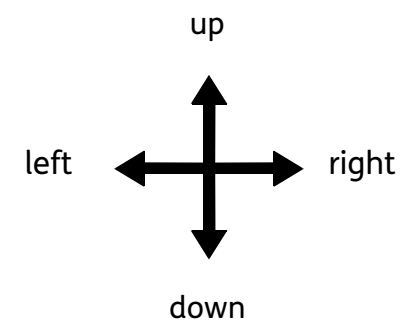
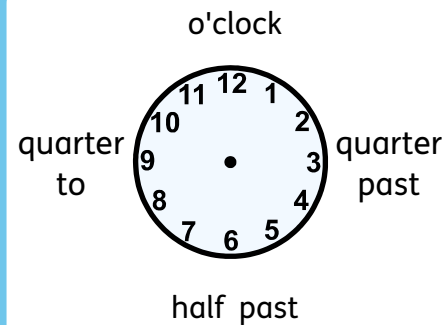
cube



cuboid



sphere



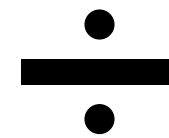
Add  
Altogether  
Total  
Plus



Take Away  
Minus  
Subtract  
Difference



Times By  
Multiply  
Lots Of  
Groups Of



Divided By  
Shared  
Between

**1**

$1 \times 0 = 0$   
 $1 \times 1 = 1$   
 $1 \times 2 = 2$   
 $1 \times 3 = 3$   
 $1 \times 4 = 4$   
 $1 \times 5 = 5$   
 $1 \times 6 = 6$   
 $1 \times 7 = 7$   
 $1 \times 8 = 8$   
 $1 \times 9 = 9$   
 $1 \times 10 = 10$   
 $1 \times 11 = 11$   
 $1 \times 12 = 12$

**2**

$2 \times 0 = 0$   
 $2 \times 1 = 2$   
 $2 \times 2 = 4$   
 $2 \times 3 = 6$   
 $2 \times 4 = 8$   
 $2 \times 5 = 10$   
 $2 \times 6 = 12$   
 $2 \times 7 = 14$   
 $2 \times 8 = 16$   
 $2 \times 9 = 18$   
 $2 \times 10 = 20$   
 $2 \times 11 = 22$   
 $2 \times 12 = 24$

**3**

$3 \times 0 = 0$   
 $3 \times 1 = 3$   
 $3 \times 2 = 6$   
 $3 \times 3 = 9$   
 $3 \times 4 = 12$   
 $3 \times 5 = 15$   
 $3 \times 6 = 18$   
 $3 \times 7 = 21$   
 $3 \times 8 = 24$   
 $3 \times 9 = 27$   
 $3 \times 10 = 30$   
 $3 \times 11 = 33$   
 $3 \times 12 = 36$

**4**

$4 \times 0 = 0$   
 $4 \times 1 = 4$   
 $4 \times 2 = 8$   
 $4 \times 3 = 12$   
 $4 \times 4 = 16$   
 $4 \times 5 = 20$   
 $4 \times 6 = 24$   
 $4 \times 7 = 28$   
 $4 \times 8 = 32$   
 $4 \times 9 = 36$   
 $4 \times 10 = 40$   
 $4 \times 11 = 44$   
 $4 \times 12 = 48$

**5**

$5 \times 0 = 0$   
 $5 \times 1 = 5$   
 $5 \times 2 = 10$   
 $5 \times 3 = 15$   
 $5 \times 4 = 20$   
 $5 \times 5 = 25$   
 $5 \times 6 = 30$   
 $5 \times 7 = 35$   
 $5 \times 8 = 40$   
 $5 \times 9 = 45$   
 $5 \times 10 = 50$   
 $5 \times 11 = 55$   
 $5 \times 12 = 60$

**6**

$6 \times 0 = 0$   
 $6 \times 1 = 6$   
 $6 \times 2 = 12$   
 $6 \times 3 = 18$   
 $6 \times 4 = 24$   
 $6 \times 5 = 30$   
 $6 \times 6 = 36$   
 $6 \times 7 = 42$   
 $6 \times 8 = 48$   
 $6 \times 9 = 54$   
 $6 \times 10 = 60$   
 $6 \times 11 = 66$   
 $6 \times 12 = 72$

**7**

$7 \times 0 = 0$   
 $7 \times 1 = 7$   
 $7 \times 2 = 14$   
 $7 \times 3 = 21$   
 $7 \times 4 = 28$   
 $7 \times 5 = 35$   
 $7 \times 6 = 42$   
 $7 \times 7 = 49$   
 $7 \times 8 = 56$   
 $7 \times 9 = 63$   
 $7 \times 10 = 70$   
 $7 \times 11 = 77$   
 $7 \times 12 = 84$

**8**

$8 \times 0 = 0$   
 $8 \times 1 = 8$   
 $8 \times 2 = 16$   
 $8 \times 3 = 24$   
 $8 \times 4 = 32$   
 $8 \times 5 = 40$   
 $8 \times 6 = 48$   
 $8 \times 7 = 56$   
 $8 \times 8 = 64$   
 $8 \times 9 = 72$   
 $8 \times 10 = 80$   
 $8 \times 11 = 88$   
 $8 \times 12 = 96$

**9**

$9 \times 0 = 0$   
 $9 \times 1 = 9$   
 $9 \times 2 = 18$   
 $9 \times 3 = 27$   
 $9 \times 4 = 36$   
 $9 \times 5 = 45$   
 $9 \times 6 = 54$   
 $9 \times 7 = 63$   
 $9 \times 8 = 72$   
 $9 \times 9 = 81$   
 $9 \times 10 = 90$   
 $9 \times 11 = 99$   
 $9 \times 12 = 108$

**10**

$10 \times 0 = 0$   
 $10 \times 1 = 10$   
 $10 \times 2 = 20$   
 $10 \times 3 = 30$   
 $10 \times 4 = 40$   
 $10 \times 5 = 50$   
 $10 \times 6 = 60$   
 $10 \times 7 = 70$   
 $10 \times 8 = 80$   
 $10 \times 9 = 90$   
 $10 \times 10 = 100$   
 $10 \times 11 = 110$   
 $10 \times 12 = 120$

**11**

$11 \times 0 = 0$   
 $11 \times 1 = 11$   
 $11 \times 2 = 22$   
 $11 \times 3 = 33$   
 $11 \times 4 = 44$   
 $11 \times 5 = 55$   
 $11 \times 6 = 66$   
 $11 \times 7 = 77$   
 $11 \times 8 = 88$   
 $11 \times 9 = 99$   
 $11 \times 10 = 110$   
 $11 \times 11 = 121$   
 $11 \times 12 = 132$

**12**

$12 \times 0 = 0$   
 $12 \times 1 = 12$   
 $12 \times 2 = 24$   
 $12 \times 3 = 36$   
 $12 \times 4 = 48$   
 $12 \times 5 = 60$   
 $12 \times 6 = 72$   
 $12 \times 7 = 84$   
 $12 \times 8 = 96$   
 $12 \times 9 = 108$   
 $12 \times 10 = 120$   
 $12 \times 11 = 132$   
 $12 \times 12 = 144$

# Science Experiment: Apple Decay



**30**   
Thirty minutes





**6**  $\rightarrow$  **12**   
Six to twelve years



Equipment





**1**

 +   
Apple and lemon juice

**2**

**4**   
Four jars

**3**

   +   
Vinegar, salt-water and lemon juice

# Science Experiment: Apple Decay



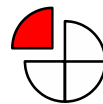
## Method

1

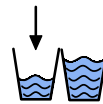


Cut an apple into 4 pieces

4



2



Half fill



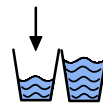
jar

1

one with salt-water



3



Half fill



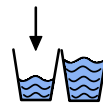
jar

2

two with vinegar



4



Half fill



jar

3

three with lemon juice



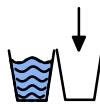
5



Jar

4

four is empty



6



Jar

4

four is a control

=



# Science Experiment: Apple Decay

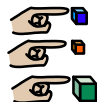


## Method

7



Label

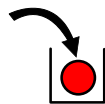


each

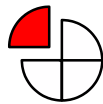


jar

8



put



a piece



of apple



in each



jar

9



Apple

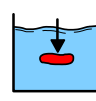


pieces



should

be



submerged

10



put the lids on



the jars

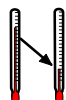
11



Put



the jars



in a cool

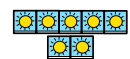
+



dark

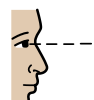


place



for a week.

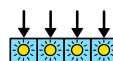
12



Look at



the jars



everyday.

# Science Experiment: Apple Decay

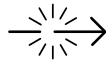


## Method

13



What is happening to the apple in each jar?



14



Note down the changes you see



15



Take pictures.

16



In which



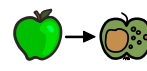
jar



does



the apple



rot



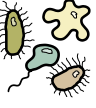






most?

# Science Experiment: Apple Decay




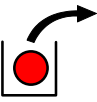


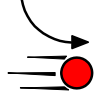







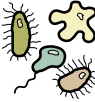

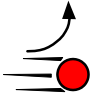

## Conclusion

       
Microbes and bacteria feed on the apple pieces

        
They grow and the apple breaks down and decays.

      
The rate of decay is affected by the different fluids.

         
Salt sucks moisture out of the apple and slows down decay.

         
The sugar in lemon juice feeds microbes and speeds up decay.

# Science Experiment: Apple Decay



Safety



warnings

1



Supervise



young children

2



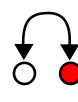
Do not eat



vinegar,



lemon juice



or



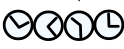

salt-water











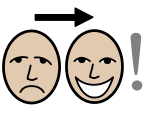
## Managing emotions



 Sometimes  I feel sad.

 Sometimes  I feel angry.

 It's OK  to feel  different emotions.

 I can try  and feel better.

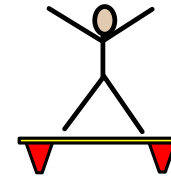
 Activities  can  help  me feel better



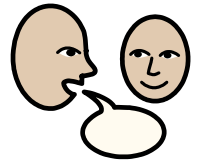
rest



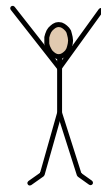
squeeze



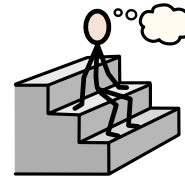
star jumps



talk



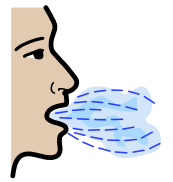
stretch



chill spot



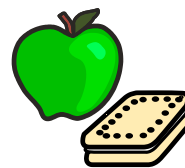
walk



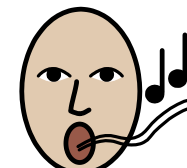
deep breaths



music



snack



sing



drink water



## My Reward Chart



Task

1

2

3

4

5



Reward




## Core Vocabulary



who



what



why



where



when



again



finish



I / me / mine



want



see



now



that



open



it



go



stop



good



in



on



put



you / your



help



like



more



not



here



choose



he / she



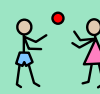
hurt



think



different



play



turn



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