

13th January 2022

Dear Parent/Carer

RE: PSHE and Relationships Education

Across school we implement the PSHE (Personal, Social and Health Education) Programme called Jigsaw, the mindful approach to PSHE. The lessons build children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way. The Summer Term Puzzles (units) are about Relationships (Unit 1) and Changing Me (Unit 2).

The Changing Me Puzzle includes, in every year group, 2 or 3 lessons to help children understand the changes puberty brings and how human reproduction happens. There is a very serious safeguarding aspect to this work and obviously the younger year groups are not looking at these issues directly and explicitly but rather learning correct terminology for body parts and doing the foundation work for later year groups. The Year 5 and 6 lessons look more fully at puberty and human reproduction.

We invite you to attend one of the sessions at school where we will give you a transparent and comprehensive picture of what we are planning to teach in which year groups. These sessions are:

Friday 11th February 2022 9:15am
Monday 14th February 2022 5:00pm

Included with this letter are documents that will be referred to at the meeting:

- the new PSHE Policy that includes Relationship and Health Education
- an overview of the teaching for the Changing Me Puzzle
- Jigsaw: A guide for parents and carers leaflet
- Relationships Education: What pupils should know by the end of Primary school

We hope you will be in agreement with us that, this work is vitally important for children, that it needs to be done age-appropriately and that the Jigsaw Programme gives us a secure framework in which to do this.

However, we do as always want to work in partnership with parents and carers, and also wish to inform you of your legal right to withdraw your children from some aspects of this work. The Government has made Relationships Education and Health Education statutory for all primary schools from September 2020 and we would value the opportunity to share the new statutory requirements with you so you are clear about the curriculum we intend to teach the children, why we feel this is so important, and also the aspects parents/carers have the right to withdraw their children from.

We hope you, like us, will see the materials as educationally sound and beneficial to our children, helping to safeguard them, and look forward to sharing them with you and answering any questions you may have. Please note that copies of all of the documents enclosed can be found on the school website under the 'Curriculum' tab.

Please let us know if you are able/not able to attend by returning the reply slip as soon as possible.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Grainger', written in a cursive style.

Mrs G Grainger
Headteacher

PSHE and Relationships Education

Please tick as appropriate:

- ☐ I am unable to attend either of the sessions
- ☐ I am able to attend the session on Friday 11th February at 9.15am
- ☐ I am able to attend the session on Monday 14th February at 5pm

I am unable to attend a session but would like to discuss the following point(s) with a member of staff:

We will use the contact information we have on file for your child

Parent of:

Sign & Print:

Date: