

# Jigsaw: Puzzle 5: Being Me in My World

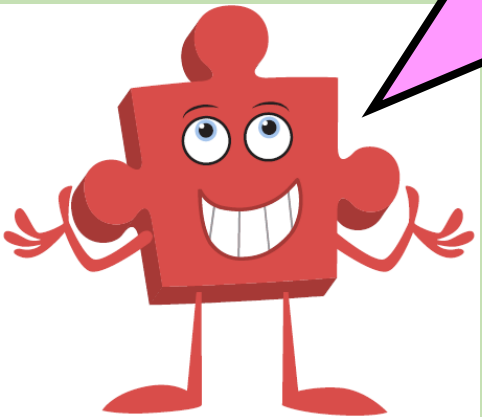
## Learning to:

- ☐ understand how an individual's behaviour can impact on a group.
- ☐ Contribute to the group and understand how we can function best as a whole.



# Vocabulary

Do we know  
what these  
words mean?



- Rights
- Responsibilities
- Rewards
- Consequences
- Cooperation
- Collaboration
- Legal
- Illegal
- Lawful

# Vocabulary

## **Rights**

that which is morally correct, just, or honourable.

## **Rewards**

a thing given in recognition of service, effort, or achievement.

## **Responsibilities**

the opportunity or ability to act independently and take decisions without authorisation.

## **Consequences**

a result or effect, typically one that is unwelcome or unpleasant.

# Vocabulary

## **cooperation**

the action or process of working together to the same end.

## **Collaboration**

the action of working with someone to produce something.

## **Legal**

permitted by law.

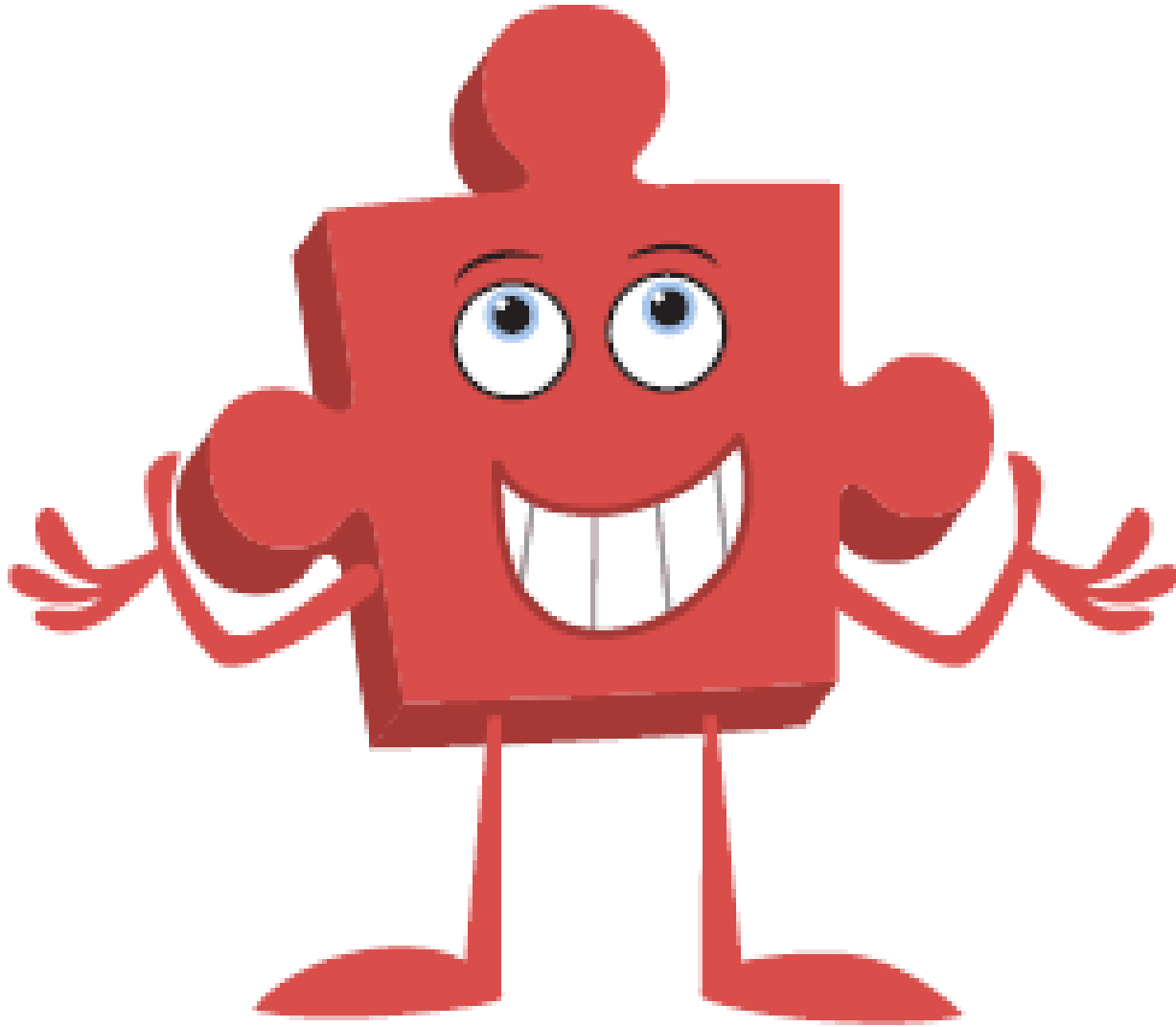
## **Illegal**

Not permitted by law.

## **Lawful**

Conforming to, permitted by law or rules.

# The Jigsaw Charter



Let's begin by reminding ourselves of the rules we agreed to follow in our charter.

Connect us (Line up)

Can we organise ourselves in alphabetical order  
– without speaking or making any noise at all?



Connect us (Line up)

Were we successful?

What team skills were needed for this game?



# Calm Me

- ✓ Imagine a gold thread pulling your spine nice and straight as you sit up in a dignified and proud position in your chair.
- ✓ Both feet flat on the floor and aware of your body touching the chair, your feet touching the floor, the texture of your clothes on your skin, the temperature in the room.
- ✓ Close your eyes.





✓ Breathe in gently through your nose and let your breath sink all the way into your lungs, then gently let it out through your mouth.



✓ Breathe in gently and out gently.

✓ Can you feel your tummy rise as you breathe in and go back again as you breathe out?

✓ Think about how good it feels to be calm and quiet.

# Open my mind

In random groups of 6, we are going to discuss some scenarios. We will share these with the class.

## **The Police Officer**

You are the Police Officer that interviewed the two children involved in the fire. As a Police Officer it is your job in the meeting to make sure that the children are treated fairly but also that the Law is carried out.

When your teacher asks you, share what the children said with the rest of your group. This is what the children said to you:

*"We didn't want to go along with it. Our gang of friends started to make fun of us because we were scared about setting the bin on fire. They made us go and buy some matches. One of the older teenagers set fire to the bin. It wasn't us. We can't say who the others were in the group. If we do they will take it out on us."*

Let's look at  
this one  
together first.

# Tell me or show me.

In your groups, you will be allocated a role:

- ☐ The school's Headteacher
- ☐ A police Officer
- ☐ A person from the Fire Service
- ☐ The children's class teacher
- ☐ The children's mother
- ☐ The children's father



# Tell me or show me.

Imagine this is a meeting in the Headteacher's office to discuss the children in this scenario.

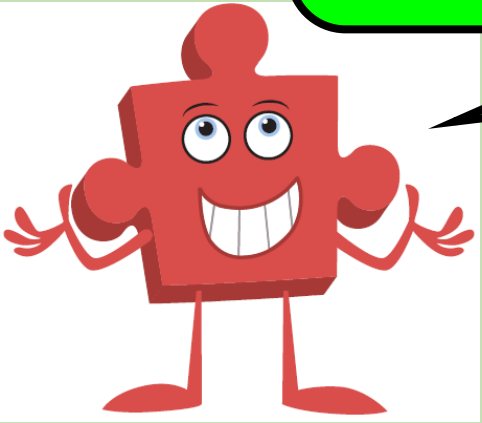
There will be NO acting or performing!



You will need to think about each person in role would feel and what they might say in a meeting about the fire.

Your job is to come to an agreement about what should happen to the children in the scenario. You will have the rest of this session and some time next session to explain your decisions.

Let's discuss what we have achieved during this lesson. Can we now...

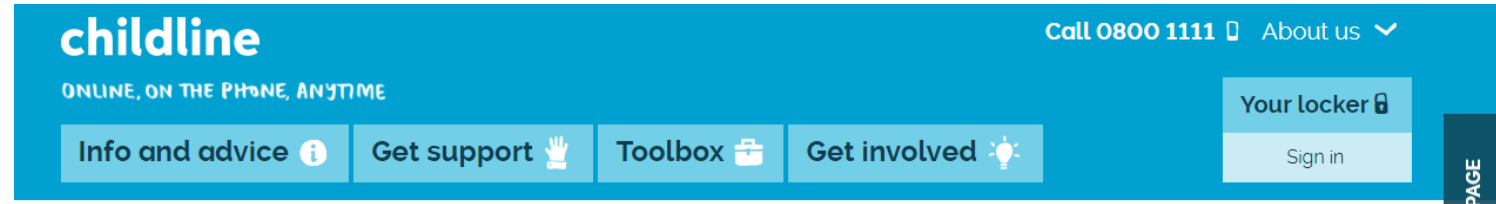


- ❑ ...understand how an individual's behaviour can impact on a group.
- ❑ ...contribute to the group and understand how we can function best as a whole.



# Support

Childline.org.uk



## If you are a young person in need of support

Text the [YoungMinds Crisis Messenger](#) for free 24/7 support across the UK if you are experiencing a mental health crisis.

- If you need urgent help text YM to 85258.
- All texts are answered by trained volunteers, with support from experienced clinical supervisors.
- Texts are free from EE, O2, Vodafone, 3, Virgin Mobile, BT Mobile, GiffGaff, Tesco Mobile and Telecom Plus

If you want to know more about how you're feeling, get information about a mental health condition or know what support is available to you, visit our [Find Help guides](#).

youngminds.org.uk