

Long Term Plan – Physical Education

School Name: Chadsmead						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS1	Games – Fundamental movements	Games – Balancing and co-ordination	Games- use of equipment	Games – Use of equipment	Athletics - Events	Outdoor events – archery / orienteering
	GAMES – Fundamental Movement	GAMES – Balancing and co- ordination	Gymnastics	Dance	Athletics– Sports Day Training	Outdoor events – archery/orienteering
KS2	Invasion Games – Tag – Rugby/Hockey	INVASION GAMES – Hockey/Tag Rugby	Gymnastics	STRIKING GAMES – Cricket	NET GAMES - Tennis	Athletics
	Invasion Games –	Invasion Games – Netball	DANCE	Striking Games – Rounders	ATHLETICS- Sports Day Training	Outdoor Activities - Orienteering

The children will have two timetabled lessons of PE per week.