



## Dear Parents/Carers

Your child can experience many benefits physically, mentally and emotionally as a direct result of their participation in Physical Education. Participation in PE has been proven to: improve achievement in all subjects, develop children that are more confident and positive, develop social skills, give a better understanding of health and emotional wellbeing and produce leaders that are able to make informed decisions.

Currently at Chadsmead we have noticed a number of children are regularly forgetting their PE kit and therefore are unable to participate in lessons.

As part of a new initiative, we have a number of spare PE kits for each class, to be used when children do not have their kit in school. You will receive a slip from your child's class teacher if they have not brought in their full kit, as well as a text message which will be sent at the end of the school day.

We will not be making phone calls home for kit to be brought into school.

While wanting our pupils to be independent and responsible for bringing in their own kit, we would appreciate your support in ensuring they have the appropriate clothing in school. PE kit consists of black shorts, Chadsmead t-shirt, black pumps or trainers and a black tracksuit (limited logos) in cold weather.

Current PE days are as follows and are displayed on the website:

- Reception Wednesday
- Year 1 and 2 Wednesday and Thursday
- Year 3 and 4 Tuesday and Thursday (Swimming Kit for Year 4 on Thursday)
- Year 5 and 6 Monday and Tuesday

In the event that your child is unable to participate in PE due to an injury or short-term illness, please inform the class teacher with a note. Children will still participate in the lesson but be involved in less physical aspects such as scoring, timing or giving feedback.

Yours faithfully

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